



- * COACHES CORNER - Sign-up NOW
- * 2021 IHSAA HALL OF FAME BANQUET
- * THANK YOU - Supporting Activities
- * RETIRING BOARD OF DIRECTORS
- * IAAA CONFERENCE - July 26-28
- * SPRING SPORT ACADEMIC CHAMPIONS
- * 20-21 SCHOOLS OF EXCELLENCE
- * INTRODUCTION OF THE STUDENT ADVISORY COUNCIL
- * 2021 ADMINISTRATOR MEETINGS - Dates & Sites
- * MEET THE 2021 INTERSCHOLASTIC STAR RECIPIENTS
- * 20 COGNITIVE BIASES - That Screw Up Your Decisions



June 2021 ISSUE



IHSAA EXPRESS

Supporting Education Through Activities

2020-2021 IHSAA Schools of Excellence

The Idaho High School Activities Association is pleased to continue the "Schools of Excellence" Initiative, sponsored by the Idaho Army National Guard, whereby schools earn points based on their varsity teams' achievements in the classroom, at the competitive venue, and in the area of citizenship/sportsmanship. Participation is voluntary, and the school in each classification with the best overall program is honored with a special award at the end of the year.

Awards will be presented at the IHSAA Annual Meeting August 4, 2021

5A

School of Excellence	Exemplary Achievement
Rocky Mountain	Timberline Eagle

4A

School of Excellence	Exemplary Achievement
Bishop Kelly	Twin Falls Century

3A

School of Excellence	Exemplary Achievement
Kimberly	Sugar-Salem Timberlake

2A

School of Excellence	Exemplary Achievement
Bear Lake	Melba Ririe

1A DI

School of Excellence	Exemplary Achievement
Prairie	Oakley Glens Ferry

1A DII

School of Excellence	Exemplary Achievemen
Sun Valley	Dietrich Carey

FOR A COMPLETE LIST OF SCHOOLS OF EXCELLENCE STANDINGS, CLICK HERE



2021 IHSAA Hall of Fame Banquet

Wednesday August 4, 2021
6:30 pm
Boise Centre East

TICKETS

2021 IHSAA HALL OF FAME AWARDS RECIPIENTS

HALL OF FAME INDUCTEES

Polly Dahlke, Bear Lake HS
Bill Hawkins, Madison HS
Tracy Leinen, Boise HS

MEMORIAL AWARDS

Dick Fleischmann Award - Randy Potter, Columbia HS
Wes Lowe Award - Kirby Bright, Kimberly HS
Duane D Wolfe Award - Harold Scoresby, District VI Broadcaster

SPECIAL AWARDS

Official of the Year - Arne Jones, District V
Spirit of Sport Award - Isaiah Krohn, Parma HS
Interscholastic Star - Bridget McDonagh, Bishop Kelly HS
District Distinguished Service Awards

ADMINISTRATION CORNER

SUMMER DATES TO REMEMBER

6/1	Spring Sports Concussion Survey Due
6/8	IHSAA Board of Directors Work Session & Appeals
6/9	IHSAA Board of Directors Meeting
6/20	Father's Day
7/4	Independence Day
7/26-28	IAAA Conference
8/2-8	No Contact Period - All Sports/Activities
8/3	IHSAA Board of Directors Work Session & Appeals
8/4	IHSAA Board of Directors Meeting
8/4	IHSAA Annual Meeting
8/4	IHSAA Hall of Fame Banquet
8/9	1st Practice - Cheer - Cross Country - Dance - Football Soccer - Swimming - Volleyball
8/20	1st Soccer Competition
8/25	1st Cross Country - Swimming - Volleyball Competition
8/27	1st Football Competition

IAAA SUMMER CONFERENCE

July 26-28
REGISTER NOW



Idaho High School Activities Association 2021 Administrative Meetings

Date	Site	Time	Attendees
District I			
September 9	TBD	9:30 am- 11:00 am	New Principals & ADs
		11:15 am-1:00 pm	All Principals & ADs
District II			
September 1	LCSC Conference Room	10:30 am-12:00 pm	All Principals & ADs
District III			
August 5	IHSAA Office	8:00 am-9:30 am	New Principals & ADs
5A/4A			
September 8	West Ada School District Office	8:00 am-9:30 am	All Principals & ADs
1A – Longpin			
August 31	Cascade High School	10:00 am-11:30 am	All Principals & ADs
1A – WIC			
August 25	Smokey Mountain Pizza (Boise Parkcenter)	12:30 pm- 2:00 pm	All Principals & ADs
3A/2A			
August 11	Fruitland H.S. (Band Room)	10:00 am-11:30 am	All Principals & ADs
District IV			
August 18	Holiday Inn, TwinFalls	9:00-10:30 am	New Principals & ADs
		10:30 am-12:00 pm	All Principals & ADs
District V			
August 17	Highland High School (MediaCenter)	10:00 am- 11:20 am	New Principals & ADs
		11:30 am - 1:00 pm	All Principals & ADs
District VI			
August 16	Idaho Falls High School (Library/Media Center)	9:00 am-10:20 am	New Principals & ADs
		10:30 am-12:00 pm	All Principals & ADs

Administrative meetings cover all new IHSAA rule changes for principals and athletic directors



IHSAA
IDAHO HIGH SCHOOL ACTIVITIES ASSOCIATION



IHSAA
IDAHO HIGH SCHOOL ACTIVITIES ASSOCIATION



NFHS NEWS



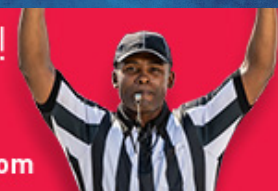
2021 NFHS Virtual National Student Leadership Summit

"Ninety percent of high school sports associations report that they need more referees. Our next generation of officials is going to come from our current athletes. Would your behavior at games (coaches and parents) encourage or discourage your athlete(s) from becoming a referee?"

Skip Lord, Houghton College

WE NEED YOUR HELP!
BECOME A
HIGH SCHOOL OFFICIAL.

HighSchoolOfficials.com



Four IHSAA board members have completed their term

Jeff Cirka - District I

Jaime Holyoak - District V

Pat Charlton - District III

Ron Anthony - District IV

THANK YOU for your service to the schools and student participants in the State of Idaho!



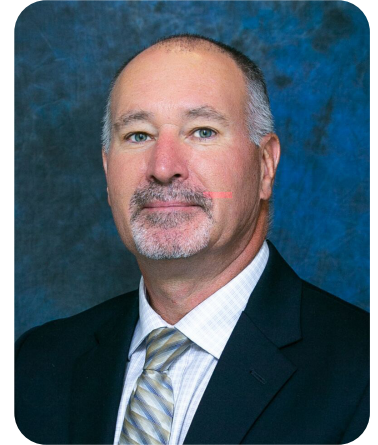
Jeff Cirka



Jaime Holyoak



Pat Charlton



Ron Anthony

THE DAILY COACH

???? Common Sense ????

Make no mistake. Common sense needs to be taught, learned, and worked on every single day.

“A long habit of not thinking a thing wrong, gives it a superficial appearance of being right, and raises at first a formidable outcry in defense of custom. But the tumult soon subsides. Time makes more converts than reason.” - Thomas Paine, *Common Sense* (1776)

A member of your team does something not very smart, causing you to scream out loud, “where is your common sense? Why didn’t you let your common sense take over?” In fairness, we never explain common sense. We assume that everyone can determine the obvious. Common sense is something we all know we should possess, yet we have never spent one day of our life learning the requirements. We believe it’s easy to explain. The question becomes since we never teach common sense or determine if everyone shares the ability to see the obvious, why do we believe it’s common?

What is common sense? Webster’s Dictionary defines common sense as:

“Sound practical judgment; that degree of intelligence and reason, as exercised upon the relations of persons and things and the ordinary affairs of life, which is possessed by the generality of mankind, and which would suffice to direct the conduct and actions of the individual in a manner to agree with the behavior of ordinary persons.”

We all learn from an early age to use common sense, yet, as Will Rogers once said: “Common sense ain’t common.” Thomas Aquinas was a 13th-century Italian philosopher and theologian. Aquinas observed that people have five senses: sight, hearing, touch, taste, and smell. He then added the notion of “the common sense.” Since we all have it, why do some seem to practice common sense while others ignore it?

As leaders, “common sense” is a subject that needs to be taught each day to our group. We cannot complain or label mistakes as a lack of common sense if we never go over the laws of having common sense. Make no mistake. Common sense needs to be taught, learned, and worked on every single day.

Individuals with common sense:

- Understand failure better than most. With common sense, you know when something is wrong and requires a change, of course. People with common sense are not stubborn or unwilling to alter their course of action.
- Practice loyalty. These people keep their promises and never under deliver.
- Use the word NO. Common sense requires boundaries and maintaining a moral compass for themselves.
- Are mentally tough. Common sense requires hard work. They keep their heads down and do not allow outside distractions to affect their focus or concentration.
- They understand the danger. Common sense requires having an understanding of the potential pitfalls and being able to see what lies one step around the corner.

Next time you get upset or irritated about the lack of common sense with your team, or with someone you love, make sure you explain the requirements.

IHSAA Selects Six Interscholastic Stars

The Idaho High School Activities Association have named six high school juniors as the 2020-21 recipients of its annual Interscholastic Star Student Recognition Awards.

This scholarship program is sponsored by the IHSAA and was established in 1992 to recognize and reward outstanding students who participate in high school athletic and non-athletic activities.


Bridget McDonagh was selected as the “Idaho Star” for 2020-21.
She will grace the back cover of the 2021-22 state tournament programs.

Nominees for the scholarships are exemplary students who:


- Through their participation, strengthen interscholastic sports and activities programs.
- Are active contributors to school and community programs and organizations.
- Are good citizens and positive role models for their peers.
- Promote the ideals of good sportsmanship and citizenship.

Interscholastic Stars receive a \$1,000 scholarship to the college of their choice. A \$500 check is also given to each Interscholastic Star’s school. Runner’s up at each level receive a \$500 scholarship.

All six 2021 Interscholastic Stars are leaders in their schools and communities:




1A DII Star – Dannika Barfuss – A 4 sport athlete at North Gem HS, Dannika is also active in Student Government, FFA, Cheer, Drama, Speech and Music while active in her community.




1A DI Star – Halee Bohman – Halee has been a captain and leader of multiple sports and activities at Troy High School while serving as a volunteer firefighter in her community.




2A Star – Ele Tarkalson – A multiple sport athlete at Salmon HS, NHS, Student Government and a leader in the schools Music program while assisting with numerous community projects.



3A Star – Rylee Salvesen – Rylee is a student participant in Answer Plot for FFA, a cheerleader, and participates in 3 sports at Parma HS.



4A Star – Bridget McDonagh – A three-year letterman and captain of the Bishop Kelly Swim Team, Bridget is also a three-time state qualifier in State Speech and Debate. She has volunteered for refugees working with students on English proficiency while involved in multiple school clubs.



5A Star – Quinten Carney – Member of the Boise HS State Cross Country, Speech and Debate teams, Quinten also volunteers at the Salvation Army and YMCA.

Diary West and the Dairy Farm Families of Idaho present:
COACH'S CORNER - START TODAY



COACH'S CORNER

You do everything in your power to unleash your athletes' greatness—at every training session or practice, and during every game or competition. But as a coach, you know that the diet and lifestyle choices they make when they're not on your watch can be key to their performance. That's where our selection of Greatness Guide handouts comes in.



#MYREASONWHY

20 COGNITIVE BIASES THAT SCREW UP YOUR DECISIONS

1. Anchoring bias.

People are **over-reliant** on the first piece of information they hear. In a salary negotiation, whoever makes the first offer establishes a range of reasonable possibilities in each person's mind.



2. Availability heuristic.

People **overestimate the importance** of information that is available to them. A person might argue that smoking is not unhealthy because they know someone who lived to 100 and smoked three packs a day.



3. Bandwagon effect.

The probability of one person adopting a belief increases based on the number of people who hold that belief. This is a powerful form of **groupthink** and is reason why meetings are often unproductive.



4. Blind-spot bias.

Failing to recognize your own cognitive biases is a bias in itself. People notice cognitive and motivational biases much more in others than in themselves.



5. Choice-supportive bias.

When you choose something, you tend to feel positive about it, even if that **choice has flaws**. Like how you think your dog is awesome – even if it bites people every once in a while.



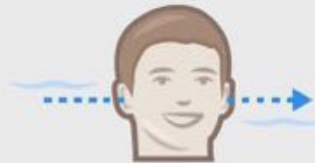
6. Clustering illusion.

This is the tendency to **see patterns in random events**. It is key to various gambling fallacies, like the idea that red is more or less likely to turn up on a roulette table after a string of reds.



7. Confirmation bias.

We tend to listen only to information that confirms our **preconceptions** – one of the many reasons it's so hard to have an intelligent conversation about climate change.



8. Conservatism bias.

Where people favor prior evidence over new evidence or information that has emerged. People were **slow to accept** that the Earth was round because they maintained their earlier understanding that the planet was flat.



9. Information bias.

The tendency to **seek information when it does not affect action**. More information is not always better. With less information, people can often make more accurate predictions.



10. Ostrich effect.

The decision to **ignore dangerous or negative information** by "burying" one's head in the sand, like an ostrich. Research suggests that investors check the value of their holdings significantly less often during bad markets.



11. Outcome bias.

Judging a decision based on the **outcome** – rather than how exactly the decision was made in the moment. Just because you won a lot in Vegas doesn't mean gambling your money was a smart decision.



12. Overconfidence.

Some of us are **too confident about our abilities**, and this causes us to take greater risks in our daily lives. Experts are more prone to this bias than laypeople, since they are more convinced that they are right.



13. Placebo effect.

When **simply believing** that something will have a certain effect on you causes it to have that effect. In medicine, people given fake pills often experience the same physiological effects as people given the real thing.



14. Pro-innovation bias.

When a proponent of an innovation tends to **overvalue its usefulness** and undervalue its limitations. Sound familiar, Silicon Valley?



15. Recency.

The tendency to weigh the **latest information** more heavily than older data. Investors often think the market will always look the way it looks today and make unwise decisions.



16. Salience.

Our tendency to focus on the **most easily recognizable features** of a person or concept. When you think about dying, you might worry about being mauled by a lion, as opposed to what is statistically more likely, like dying in a car accident.



17. Selective perception.

Allowing our expectations to **influence how we perceive** the world. An experiment involving a football game between students from two universities showed that one team saw the opposing team commit more infractions.



18. Stereotyping.

Expecting a group or person to have certain qualities without having real information about the person. It allows us to quickly identify strangers as friends or enemies, but people tend to **overuse and abuse** it.



19. Survivorship bias.

An error that comes from focusing only on surviving examples, causing us to **misjudge a situation**. For instance, we might think that being an entrepreneur is easy because we haven't heard of all those who failed.



20. Zero-risk bias.

Sociologists have found that **we love certainty** – even if it's counterproductive. Eliminating risk entirely means there is no chance of harm being caused.



SOURCES: Brain Biases; Ethics Unwrapped; Explorable; Harvard Magazine; HowStuffWorks; LearnVest; Outcome bias in decision evaluation, Journal of Personality and Social Psychology; Psychology Today; The Bias Blind Spot: Perceptions of Bias in Self Versus Others, Personality and Social Psychology Bulletin; The Cognitive Effects of Mass Communication, Theory and Research in Mass Communications; The less-is-more effect: Predictions and tests, Judgment and Decision Making; The New York Times; The Wall Street Journal; Wikipedia; You Are Not So Smart; ZhurnalWiki

BUSINESS INSIDER

IHSAA Announces 21-22 Student Advisory Council



What is SAC?

The SAC is a diverse group of high school students in Idaho who voice their ideas to the IHSAA (Idaho High School Activities Association).



Our Mission

Our mission is to connect Idaho schools with the IHSAA through promoting our ideals: sportmanship, achievement, and character.



What is IHSAA?

A group devoted to coordinating, supervising, and directing interscholastic activities which enhance and protect the educational process of all students.



THANK YOU!

20-21 SAC GRADUATES

District I

Brooke Jessen - Timberlake HS
Sierra Keele - Kellogg HS

District II

Owen Crowley - Genesee HS

District III

Izabella Leiby - Emmett HS
Kobe Warr - Rocky Mountain HS

District IV

Adysen Seibold - Burley HS

District II

* Erin Morgan - Senior, Kendrick HS
Makenzie Stout - Junior, Genesee HS
Isabelle Monk - Junior, Genesee HS
Abigail Brown - Senior, Timberline HS

District II

* Isabella Reyes - Senior, Bishop Kelly HS
Toby Kingery - Junior, Cole Valley Christian
Shaelyn Olsen - Junior, Greenleaf Friends
William Tadge - Junior, Eagle HS

* Two-year member

District IV

* Maysi Bright - Senior, Kimberly HS
Jessica Duran - Junior, Wendell HS

District V

* Brynlee Simmons - Senior, Soda Springs HS
Mikeeli Townsend - Senior, Marsh Valley HS

District VI

* Katie Miller - Senior, Sugar-Salem HS
* Challiss Potter - Senior, Hillcrest HS
Madison Kincaid - Junior, Watersprings

2021 Spring Academic State Champions



The Idaho High School Activities Association is pleased to announce the 2021 Spring Sports Academic State Champions. This award, sponsored by the Idaho Army National Guard, is presented to the varsity team in each classification that achieves the highest cumulative grade point average. The IHSAA congratulates these student-athletes for their outstanding academic achievement and commitment to excellence through athletics and activities.

Boys Track

5A Boise	3.800
4A Twin Falls	3.741
3A Sugar-Salem	3.570

Girls Track

5A Highland	3.938
4A Bonneville	3.864
3A Sugar-Salem	3.820

Combined Track

2A Bear Lake	3.830
1A Oakley	3.839

Baseball

5A Timberline	3.686
4A Blackfoot	3.590
3A Teton	3.739
2A North Fremont	3.610
1A Rockland	3.553

Softball

5A Idaho Falls	3.846
4A Bishop Kelly	3.770
3A Sugar-Salem	3.780
2A North Fremont	3.870
1A Kendrick	3.719

Boys Tennis

5A Madison	3.946
4A Wood River	3.823
3A Sun Valley	3.780

Girls Tennis

5A Rocky Mountain	3.938
4A Middleton	3.937
3A Weiser	3.915

Boys Golf

5A Kuna	3.985
4A Skyline	3.960
3A Homedale	3.690
2A Bear Lake	3.691

Girls Golf

5A Borah	3.915
4A Twin Falls	3.922
3A Kimberly	3.885
2A Challis	4.000

2021 Spring State Champions



Boys Track

Rocky Mountain	5A
Bishop Kelly	4A
Kimberly	3A
Salmon	2A
Carey	1A

Girls Track

Boise
Bishop Kelly
Sugar-Salem
Melba
Raft River

Baseball

5A	Timberline
4A	Bishop Kelly
3A	Weiser
2A	Nampa Christian
1A	Genesee

Softball

5A	Skyview
4A	Bishop Kelly
3A	Filer
2A	Malad
1A	Glenns Ferry

Boys Tennis

Centennial	5A
Bishop Kelly	4A
Sun Valley	3A

Girls Tennis

Boise
Bishop Kelly
Parma

Boys Golf

Eagle	5A
Twin Falls	4A
Kellogg	3A
Nampa Christian	2A

Girls Golf

Rocky Mountain
Sandpoint
Bonnars Ferry
Nampa Christian

PROACTIVE
COACHING

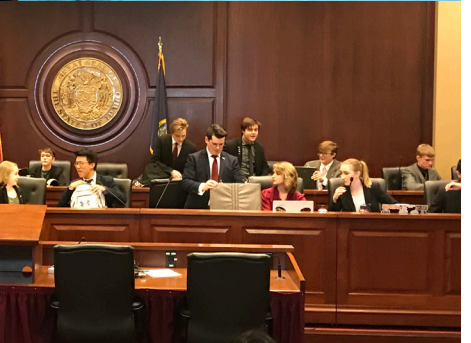
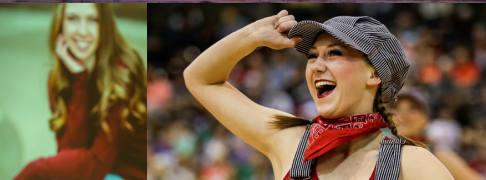
THE RESPECTED COACH

The respected and effective coach will be:

- Instill the highest ideals and character traits into their players
- Be enthusiastic and show enjoyment of coaching
- Be self-confident, assertive, consistent, friendly, fair and competent
- Have a sense of humour
- Have a thorough knowledge of the rules, techniques and tactics
- Have a basic understanding of first aid
- Be dressed appropriately
- Be a role model
- Maintain discipline
- Be organized (for sessions and the year)
- Be able to justify, if necessary, why things are being done, or be 'big enough' to ask for suggestions when not sure.



Thank You Schools for Your Support of High School Activities



IT'S MORE THAN A GAME
Students Now Citizens Forever